


# JULY 2025

SUN	MON	TUE	WED	THUR	FRI	SAT
		1 BR PORK PATTY ROASTED REDS CARROTS FRUIT PARFAIT	2 GOULASH CALIFORNIA BL GARLIC TOAST TOSSED SALAD BIRTHDAY CAKE	3 BBQ CHICKEN GREEN BEANS POTATO SALAD FRUIT	4 	
	7 BEEF PASTY 3 BEAN SALAD FRUIT	8 BBQ RIBS OVEN WEDGES PEAS & CARROTS FRUIT	9 ROAST BEEF MASHED POTATO WINTER BLEND PUDDING	10 CHEF SALAD W TURKEY, HAM, CHEESE, & EGG CRACKERS FRESH FRUIT	11	THIS MENU MAY CHANGE DUE TO CIRCUMSTANCES BEYOND OUR CONTROL
ALL MEALS SERVED WITH BREAD & MILK AT 12:00	14 SHEPARD'S PIE W PEAS & CARROTS COLESLAW FRUIT	15 TURKEY & SWISS SANDWICH VEGGIE SOUP CUCUMBER SALAD FRUIT	16 BRATWURST & SAURKRAUT OVEN FRIES SQUASH JELLO W FRUIT	17 SMOTHERED CHICKEN WILD RICE VEGGIE BLEND FRUIT	18	
	21 SWISS STEAK MASHED POTATO GREEN BEANS FRUIT	22 CHICKEN STIR- FRY W RICE BROCCOLI COOKIES	23 PIZZA SUPREME PEA & CHEESE SALAD FRUIT	24 HOTDOG & MAC & CHEESE PEAS COLESLAW FRUIT	25	SUGGESTED DONA- TION OF \$3.00 FOR SENIORS & \$6.00 FOR GUESTS
	28 CHEESEBURGER OVEN WEDGES BROCCOLI FRESH FRUIT	29 TUNA SANDWICH POTATO SOUP PICKLED BEETS FRUIT	30 STUFFED PEPPER CHEEZY POTATO GREEN BEANS FRUIT	31 BRATWURST BAKED BEANS PASTA SALAD FRUIT SALAD COOKIES		

**SUGAR ISLAND COMMUNITY CENTER 906-635-9786**