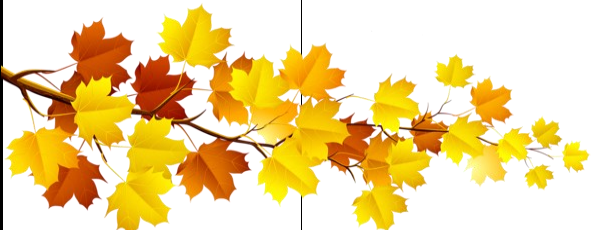



OCTOBER 2025

SUN	MON	TUE	WED	THUR	FRI	SAT
			1 NO LUNCH TODAY NUTRITION STAFF MEETING	2 SMOTHERED CHICKEN MASHED POTATO VEGGIE BLEND FRUIT	3 PORK CHOPS OVEN WEDGES CORN PEARS	
	6 SWISS STEAK MASHED POTATO GREEN BEANS FRUIT	7 MAC & CHEESE PEAS COLESLAW FRUIT	8 BINGO BEEF STIR-FRY W RICE BROCCOLI CAKE	9 BBQ CHICKEN BAKED BEANS CORN JELLO W FRUIT	10 MEATLOAF AUGRATIN POTATOES CORN TROPICAL FRUIT	THIS MONTHLY MENU MAY CHANGE DUE TO CIRCUMSTANCES OUT OF OUR CONTROL
COME JOIN US FOR BINGO ON 10/8/25 & 10/22/25 FROM 1PM-2PM	13 CHEESEBURGER OVEN WEDGES BROCCOLI ORANGE	14 LEMON CHICKEN SWEET POTATO CAULIFLOWER PUDDING	15 PIZZA SUPREME 3 BEAN SALAD SCALLOPED APPLES	16 ROAST BEEF MASHED POTATO GREEN BEANS FRUIT	17 SCRAMBLED EGGS SAUSAGE LINKS OVEN FRIES FRUIT	
	20 SWEET & SOUR MEATBALLS W RICE PEAS & CARROTS FRUIT	21 CHICKEN & DUMPLINGS CALIFORNIA BL COOKIES	22 BINGO ROAST TURKEY MASHED POTATO BRUSSEL SPROUTS FRUIT	23 BBQ PORK ON A BUN POTATO SALAD CAPRI BLEND FRUIT	24 BAKED FISH OVEN WEDGES BROCCOLI MELON	MEALS BROUGHT TO YOU BY CLM COMMUNITY ACTION AGENCY YOUR DONATIONS ARE APPRECIAT-
ALL MEALS SERVED WITH BREAD & MILK Meals served at 12:00 PM	27 HAMBURGER STROGANOFF W NOODLES PRINCE CHARLES BLEND FRUIT	28 BREADED PORK ROSEMARY REDS CARROTS FRUIT PARFAIT	29 GOULASH CALIFORNIA BL GARLIC TOAST TOSS SALAD FRUIT	30 ITALIAN CHICKEN BAKED POTATO GREEN BEANS PEACHES	31 BAKED HAM SWEET POTATO SPINACH FRUIT	

FENLON SENIOR NUTRITION CENTER 906-643-8595

**** SUGGESTED DONATION \$3.00 GUEST \$6.00**