

August 2024

SUN	MON	TUE	WED	THUR	FRI	SAT
MACKINAC SENIOR PICNIC COME JOIN US! 906-484-1061 PLEASE RSVP				1 SHEPARD'S PIE W MIXED VEG-GIES PICKLED BEETS FRUIT	2 BAKED FISH WILD RICE PEAS COLESLAW PUDDING	SUGGESTED DONATION OF \$3.00 FOR SENIORS \$6.00 FOR GUESTS
	5 SALISBURY STEAK MASHED POTATO GREEN BEANS FRUIT	6 TURKEY W GRAVY SWEET POTATOES BRUSSEL SPROUTS FRUIT	7 SWEET & SOUR CHICKEN W RICE BROCCOLI BIRTHDAY CAKE	8 PASTA BAKE GARLIC TOAST TOSS SALAD FRUIT	9 BEEF PASTY STEWED TOMATOES FRUIT	
	12 BEEF STROGANOFF W NOODLES SPINACH JELLO W MANDARIN ORANGES	13 BBQ RIBS AUGRATINS 3 BEAN SALAD FRUIT	14 CHEESEBURGERS BAKED BEANS PASTA SALAD COOKIES	15 BAKED CHICKEN MASHED POTATO GREEN BEANS FRUIT	16 BRATWURST & SAURKRAUT SQUASH MACARONI SALAD FRUIT	
MEAL IS SERVED AT 12:00 ALL MEALS SERVED WITH BREAD & MILK	19 SLOPPY JOES OVEN WEDGES PEAS FRUIT	20 MAC & CHEESE CARROTS COLESLAW COOKIE	21 PORK CHOP W MUSHROOM GRAVY MASHED POTATO CALIFORNIA BLEND FRUIT	22 BR CHICKEN ON A BUN SWEET POTATO FRIES SPINACH FRUIT	23 CHEF SALAD W TURKEY, HAM, EGG, & CHEESE BREADSTICKS FRUIT	THE MENU MAY CHANGE DUE TO CIRCUMSTANCES BEYOND OUR CONTROL
	26 SWISS STEAK MASHED POTATO WINTER BLEND FRUIT	27 GOULASH GARLIC TOAST TOSS SALAD FRUIT	28 BAKED HAM SWEET POTATOES BROCCOLI LEMON BARS	29 TURKEY & SWISS ON A CROISSANT BROCCOLI SLAW FRUITS	30 BBQ CHICKEN BAKED BEANS MACARONI SALAD WATERMELON	

FENLON SENIOR NUTRITION CENTER
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