

August 2023

SUN	MON	TUE	WED	THUR	FRI	SAT
		1	2 BEEF STROGA- NOFF W NOODLES SPINACH MANDARIN ORANGES	3 CHILI BROCCOLI SALAD CORN BREAD APPLESAUCE	4	
	7 MAC & CHEESE PEAS COLESLAW PEACHES	8	9 PORK ROAST MASHED POTATO GREEN BEANS APPLE CRISP	10 BR CHICKEN ON A BUN OVEN WEDGES LETTUCE & TOMATO PEARS	11	SUGGESTED DONATION OF \$3.00 FOR SENIORS \$6.00 FOR GUESTS
	14 SLOPPY JOE OVEN WEDGES PEAS & CARROTS ORANGE	15	16 BAKED HAM SWEET POTATO BROCCOLI TROPICAL FRUIT	17 GOULASH CALIFORNIA BL SPRING SALAD BUTTERSCOTCH PUDDING	18	
MEAL IS SERVED AT 12:00 ALL MEALS SERVED WITH BREAD & MILK	21 SPAGHETTI & MEATSAUCE GARLIC TOAST TOSS SALAD W TOMATO PEACHES	22	23 PIZZA SUPREME BEET SALAD PINEAPPLE	24 MEATLOAF MASHED POTATO CARROTS COOKIES	25	
	28 MINI SUB SANDWICH CUCUMBER SALAD FRUIT SALAD	29	30 ROAST BEEF W GRAVY MASHED POTATO PEAS & CARROTS BANANA	31 BAKED FISH WILD RICE TOSS SALAD ORANGE		THE MENU MAY CHANGE DUE TO CIRCUMSTANCES BEYOND OUR CONTROL

SUGAR ISLAND COMMUNITY CENTER
906 635-9786