


JULY 2026

SUN	MON	TUE	WED	THUR	FRI	SAT
			1 SHEPARD'S PIE W/PEAS & CARROTS COLESLAW FRUIT	2 HOT DOG MAC & CHEESE PEAS FRUIT	3 CENTER CLOSED FOR 4TH OF JULY HOLIDAY	
	6 CHICKEN FRIED STEAK W/COUNTRY GRAVY HERB MASHED POTATOES BROCCOLI FRUIT	7 SWEDISH MEAT-BALLS W/NOODLES BUTTERED CARROTS CIN	8 BBQ CHICKEN BAKED BEANS CUCUMBER SALAD FRUIT BIRTHDAY CAKE	9 FISH SANDWICH BAKED FRENCH FRIES GREEN BEANS PINEAPPLE	10	THIS MENU MAY CHANGE DUE TO CIRCUMSTANCES BEYOND OUR CONTROL
ALL MEALS SERVED WITH BREAD & MILK AT 12:00	13 BAKED PORK CHOP SWEET POTATOES WAX BEANS FRUIT	14 SUPREME PIZZA PEA & CHEESE SALAD COBBLER	15 SAUSAGE SKILLET PIEROGIES CORN WARM APPLES	16 OPEN FACED ROAST BEEF SANDWICH MASHED POTATOES CARROTS FRUIT	17	
	20 SLOPPY JOE ON A BUN TATER TOTS CHUCKWAGON CORN PEACHES	21 CRUNCHY BAKED FISH ROASTED POTATOES CALIFORNIA BLEND FRUIT COBBLER	22 CHICKEN & DUMPLINGS BROCCOLI BISCUIT FRUIT	23 TACO SALAD W/PITA CHIPS COTTAGE CHEESE FRUIT	24	SUGGESTED DONATION OF \$4.00 FOR SENIORS & \$6.00 FOR GUESTS
	27 MUSHROOM HAMBURGER STEAK ROASTED REDS GREEN BEANS FRUIT	28 EGG SALAD SANDWICH VEGETABLE SOUP FRUIT FLUFF	29 BEEF ENCHILADAS REFRIED BEANS LETTUCE & TOMATO FRUIT	30 TURKEY MASHED POTATOES MIXED VEGETABLES FRUIT	31	

SUGAR ISLAND COMMUNITY CENTER 906-635-9786